



Seniors Information Center - Provider Information Sheet

Provider Name:

**Atlantic Yoga Teacher  
Training**

Address:

**Shambhala Centre, 13495 Peggy's Cove Rd**

City/Town:

**Tantallon**

Bus. Phone:

**902-823-2746**

Email:

**jody@aytt.ca**

Contact Name:

**Jody Myers**

Postal Code:

Fax:

Website:

[www.aytt.ca](http://www.aytt.ca)

Description of Services:

**Yoga Teacher Training. Kripalu Yoga.**

Provider's Remarks:

**Meditation in Motion. Laugh, chant and move together. Next program September 2013**

Optional Information:

Insured: **Not Indicated**

BBB: **Not Indicated**

Home Based: **Not Indicated**

Licensed: **Not Indicated**

Srs. Discount: **Not Indicated**

Local: **Not Indicated**

Bonded: **Not Indicated**

Free Estimate: **Not Indicated**

Knowledge Based: **Not  
Indicated**

*Disclaimer: The above information was submitted by the service provider or generally available to the public. Their services are not endorsed or recommended by Seniors Association of St. Margaret's Bay over other providers.*

*Please contact the service provider to verify information, check references, etc.*