



Seniors Information Center - Provider Information Sheet

Provider Name:

**Breathe Yoga & Aromatherapy
Studio**

Address:

5209 St. Margaret's Bay Rd. Suite 205 at the Crossroads

City/Town:

Upper Tantallon

Province:

Nova Scotia

Bus. Phone:

902-820-9642

Phone 2:

Email:

**tantallon@breathingspaceyogas
tudio.ca**

Contact Name:

Fran Dunn

Postal Code:

B3Z 1E3

Fax:

Website:

[www.breathingspaceyogastudio.
ca/tantallon-yoga-studio-
tantallon-nova-scotia](http://www.breathingspaceyogastudio.ca/tantallon-yoga-studio-tantallon-nova-scotia)

Description of Services:

We offer welcoming and accessible classes in yoga, Pilates, Body Rolling, Nia and essential oil services. Take time to Breathe it all today!

Provider's Remarks:

We offer a 10% discount to seniors, students of any age and military. With over 7 years in the Bay and more than 20 classes per week, we will help you to be peaceful, inspired, energized, and balanced. Return to your true self and discover our yoga comm

Optional Information:

Insured: **Not Indicated**

Licensed: **Not Indicated**

Bonded: **Not Indicated**

BBB: **Not Indicated**

Srs. Discount: **Yes**

Free Estimate: **Not Indicated**

Home Based: **Not Indicated**

Local: **Not Indicated**

Knowledge Based: **Not
Indicated**

Disclaimer: The above information was submitted by the service provider or generally available to the public. Their services are not endorsed or recommended by Seniors Association of St. Margaret's Bay over other providers.

Please contact the service provider to verify information, check references, etc.