

Bay Seniors September 2026 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Seniors Info Office 10am-1pm Aerobics 10:30am \$2	3	4 Seniors Info Office 10am-1pm	5
7 Labour Day NO ACTIVITIES	8	9 Seniors Info Office 10am-1pm NO AEROBICS	10 Chair fitness 10am *PRR Grocery Program \$5 Superstore & Social **PRR	11 Seniors Info Office 10am-1pm Aerobics 1:30am \$2	12 Hubbards Farmers' Market 8am-noon
14 Seniors Info Office 10am-1pm Chair fitness 10am *PRR	15	16 Seniors Info Office 10am-1pm Aerobics 10:30am \$2	17 Chair fitness 10am *PRR Bay Seniors Open House 2-4pm at BPACC **NOTE LOCATION	18 Seniors Info Office 10am-1pm Aerobics 1:30am \$2	19
21 Seniors Info Office 10am-1pm Chair fitness 10am *PRR	22 Drop-in Program Morning activities 10-noon Pickleball 1-3pm \$2	23 Seniors Info Office 10am-1pm Aerobics 10:30am \$2 Line Dancing 6:15-7:15pm \$2 *PRR	24 Chair fitness 10am *PRR Grocery Program \$5 Sobeys **PRR Saturday Sparkle at Harvest Moon Market Hubbards Barn 6-9:30pm	25 Seniors Info Office 10am-1pm Aerobics 1:30am \$2	26
28 Seniors Info Office 10am-1pm Chair fitness 10am *PRR Tai chi 10:30am *PRR	29 Drop-in Program Morning activities 10-noon Pickleball 1-3pm \$2	30 National Day for Truth and Reconciliation NO ACTIVITIES	*PRR: Pre-registration required. **NOTE LOCATION: Bay Seniors' Open House on September 17 will be held at the Black Point & Area Community Centre, 8579 St. Margarets Bay Road. Seniors Information Office: St. Margaret's Bay Community Enterprise Centre Chair fitness, aerobics and tai chi: Melissa Connick School of Dance Line dancing: Tantallon Junior Elementary School Drop-in Program: Black Point & Area Community Centre		