

Bay Seniors July 2026 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <div style="border: 1px solid red; border-radius: 15px; padding: 5px; text-align: center; color: red;"> Canada Day NO ACTIVITIES </div>	2	3 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div>
<p><small>*Note summer hours</small> <small>**PRR: Pre-registration required.</small></p> <p>Seniors Information Office: St. Margaret's Bay Community Enterprise Centre Chair fitness and aerobics: Melissa Connick School of Dance</p>				
6 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div> <div style="border: 1px solid green; border-radius: 15px; padding: 5px; text-align: center;"> Chair fitness 10am \$2 </div>	7	8 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div> <div style="border: 1px solid green; border-radius: 15px; padding: 5px; text-align: center;"> Aerobics 10:30am \$2 </div>	9 <div style="border: 1px solid teal; border-radius: 15px; padding: 5px; text-align: center;"> Grocery Program \$5 Superstore & Social **PRR </div>	10 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div>
13 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div> <div style="border: 1px solid green; border-radius: 15px; padding: 5px; text-align: center;"> Chair fitness 10am \$2 </div>	14	15 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div> <div style="border: 1px solid green; border-radius: 15px; padding: 5px; text-align: center;"> Aerobics 10:30am \$2 </div>	16	17 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div>
20 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div> <div style="border: 1px solid red; border-radius: 15px; padding: 5px; text-align: center; color: red;"> Chair fitness cancelled </div>	21	22 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div> <div style="border: 1px solid green; border-radius: 15px; padding: 5px; text-align: center;"> Aerobics 10:30am \$2 </div>	23 <div style="border: 1px solid teal; border-radius: 15px; padding: 5px; text-align: center;"> Grocery Program \$5 Sobeys **PRR </div>	24 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div>
27 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div> <div style="border: 1px solid green; border-radius: 15px; padding: 5px; text-align: center;"> Chair fitness 10am \$2 </div>	28	29 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div> <div style="border: 1px solid green; border-radius: 15px; padding: 5px; text-align: center;"> Aerobics 10:30am \$2 </div>	30	31 <div style="border: 1px solid purple; border-radius: 15px; padding: 5px; text-align: center;"> Seniors Info Office 10am-noon* </div>