

Bay Seniors May 2026 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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*PRR: Pre-registration required.

**Flea Market: Donations can be dropped off in the parking area behind the Sonny's Road entrance to the SMB Rails to Trails (behind the CEC).


Seniors Information Office: St. Margaret's Bay Community Enterprise Centre

Chair aerobics and aerobics: Melissa Connick School of Dance

Line dancing: Tantallon Junior Elementary School

Drop-in Program: Black Point & Area Community Centre

Monthly Members' Meeting: St. Margaret's Bay Legion #116 (Seabright)

				1 Seniors Info Office 10am-1pm Aerobics 1:30pm \$2	2 FINAL Flea Market drop-off 10am-noon**
4 Seniors Info Office 10am-1pm Chair aerobics 10am \$2	5 Drop-in Program Morning activities 10-noon Pickleball 1-3pm \$2	6 Seniors Info Office 10am-1pm Aerobics 10:30am \$2 Line dancing 6:15-7:15pm \$2	7 Chair aerobics 10am \$2	8 Seniors Info Office 10am-1pm Aerobics 1:30pm \$2	9  Flea Market 10am-2pm St. Margaret's Bay Legion
11 Seniors Info Office 10am-1pm Chair aerobics 10am \$2	12 Drop-in Program Morning activities 10-noon Pickleball 1-3pm \$2	13 Seniors Info Office 10am-1pm Aerobics 10:30am \$2 Line dancing 6:15-7:15pm \$2	14 Chair aerobics 10am \$2 Grocery Program Superstore & Social *PRR	15 Seniors Info Office 10am-1pm Aerobics 1:30pm \$2	16
18 Victoria Day NO ACTIVITIES	19 Drop-in Program Morning activities 10-noon Pickleball 1-3pm \$2 Painting workshop FULL	20 Seniors Info Office 10am-1pm Aerobics 10:30am \$2 Line dancing 6:15-7:15pm \$2 Excursion registration deadline	21 Chair aerobics 10am \$2 Members' Meeting 1:30-3:30pm	22 Seniors Info Office 10am-1pm Aerobics 1:30pm \$2	23
25 Seniors Info Office 10am-1pm Chair aerobics 10am \$2	26 Drop-in Program Morning activities 10-noon Pickleball 1-3pm \$2	27 Seniors Info Office 10am-1pm Aerobics 10:30am \$2 Line dancing 6:15-7:15pm \$2	28 Chair aerobics 10am \$2 Grocery Program Sobeys *PRR	29 Seniors Info Office 10am-1pm Aerobics 1:30pm \$2 Excursion *PRR	30