

# Bay Seniors February 2026 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Seniors Info Office 10am-1pm Chair aerobics 10am \$2	<b>3</b> Drop-in social 10am-noon**	<b>4</b> Seniors Info Office 10am-1pm Aerobics 10:30am \$2 Tai chi 10:30am *PRR Line dancing 6:15-7:15pm \$2	<b>5</b> Chair aerobics 10am \$2	<b>6</b> Seniors Info Office 10am-1pm Aerobics 1:30pm \$2
<b>9</b> Seniors Info Office 10am-1pm Chair aerobics 10am \$2	<b>10</b> Drop-in social 10am-noon** Beading Workshop FULL	<b>11</b> Seniors Info Office 10am-1pm Aerobics 10:30am \$2 Tai chi 10:30am *PRR Line dancing 6:15-7:15pm \$2	<b>12</b> Chair aerobics 10am \$2 Grocery Program Superstore & Social *PRR	<b>13</b> Seniors Info Office 10am-1pm Aerobics 1:30pm \$2
<b>16</b> Heritage Day NO ACTIVITIES	<b>17</b> Drop-in social 10am-noon**	<b>18</b> Seniors Info Office 10am-1pm Aerobics 10:30am \$2 Tai chi cancelled today only Line dancing 6:15-7:15pm \$2	<b>19</b> Chair aerobics 10am \$2 Members' Meeting 1:30-3:30pm	<b>20</b> Seniors Info Office 10am-1pm Aerobics 1:30pm \$2
<b>23</b> Seniors Info Office 10am-1pm Chair aerobics 10am \$2	<b>24</b> Drop-in social 10am-noon**	<b>25</b> Seniors Info Office 10am-1pm Aerobics 10:30am \$2 Tai chi 10:30am *PRR Line dancing 6:15-7:15pm \$2	<b>26</b> Chair aerobics 10am \$2 Grocery Program Sobeys *PRR	<b>27</b> Seniors Info Office 10am-1pm Aerobics 1:30pm \$2

\*PRR: Preregistration required

\*\* Afternoon pickleball is cancelled for February and March.

**Info Office:** Seniors Information Office, Office A, 5229 St. Margaret's Bay Road, Unit 1, Upper Tantallon

**Chair aerobics, aerobics and tai chi:** Melissa Connick School of Dance, 5181 St. Margaret's Bay Road, Upper Tantallon

**Line dancing:** Tantallon Junior Elementary School, 1 French Village Road, Upper Tantallon

**Drop-in:** Drop-in Program, Black Point & Area Community Centre, 8579 St. Margaret's Bay Road, Black Point

**Members' Meeting:** Monthly Members' Meeting, St. Margaret's Bay Legion #116, 11169 Peggy's Cove Road, Seabright