

Bay Seniors December 2025 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1 <div>Seniors Info Office 10am-1pm</div> <div>Chair aerobics 10am \$2</div>	2 <div>Drop-in social 10am-noon Pickleball 1-3pm \$2</div>	3 <div>Seniors Info Office 10am-1pm</div> <div>Aerobics 10:30am \$2</div> <div>Tai Chi 10:30am *PRR</div> <div>Line dancing 6:15-7:15pm \$2</div>	4 <div>Chair aerobics 10am \$2</div>	5 <div>Seniors Info Office 10am-1pm</div> <div>Aerobics 1:30pm \$2</div>
8 <div>Seniors Info Office 10am-1pm</div> <div>Chair aerobics 10am \$2</div>	9 <div>Drop-in social 10am-noon Pickleball 1-3pm \$2</div>	10 <div>Seniors Info Office 10am-1pm</div> <div>Aerobics 10:30am \$2</div> <div>Tai Chi 10:30am *PRR</div> <div>Line dancing 6:15-7:15pm \$2</div>	11 <div>Chair aerobics 10am \$2</div> <div>Members' Meeting 1:30-3:30pm**</div>	12 <div>Seniors Info Office 10am-1pm</div> <div>Aerobics 1:30pm \$2</div>
15 <div>Seniors Info Office 10am-1pm</div> <div>Chair aerobics 10am \$2</div>	16 <div>Drop-in social 10am-noon Pickleball 1-3pm \$2</div>	17 <div>Seniors Info Office 10am-1pm</div> <div>Aerobics 10:30am \$2</div> <div>Tai Chi 10:30am *PRR</div> <div>No Line dancing - resumes in January</div>	18 <div>Chair aerobics 10am \$2</div> <div>Grocery Program Superstore & Social *PRR</div> <div>Excursion: Evening tour of festive lights 5:15pm to around 9pm *PRR</div>	19 <div>Seniors Info Office 10am-1pm</div> <div>Aerobics 1:30pm \$2</div>
22 <div>Seniors Info Office 10am-1pm</div> <div>Chair aerobics 10am \$2</div>	23	24 <div>NO ACTIVITIES - HAPPY HOLIDAYS</div>	25	26
29 <div>Info Office: Seniors Information Office, Office A, 5229 St. Margaret's Bay Road, Unit 1, Upper Tantallon</div> <div>Chair aerobics, aerobics and tai chi: Melissa Connick School of Dance, 5181 St. Margaret's Bay Road, Upper Tantallon</div>	30 <div>Line dancing: Tantallon Junior Elementary School, 1 French Village Road, Upper Tantallon</div> <div>Drop-in: Drop-in Program, Black Point & Area Community Centre, 8579 St. Margaret's Bay Road, Black Point</div>	31 <div>Members' Meeting: Monthly Members' Meeting, St. Margaret's Bay Legion #116, 11169 Peggy's Cove Road, Seabright</div> <div>**Meeting is 2nd Thursday instead of 3rd Thursday this month only.</div>	1 <div>*PRR: Pre-registration required</div>	2 <div>Seniors Info Office 10am-1pm</div> <div>Aerobics 1:30pm \$2</div>