

# Bay Seniors June 2025 Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <div>Chair aerobics 10am \$2</div>	<b>3</b> <div>Info Centre 10am-2pm</div> <div>Drop-in Social 10am-noon Pickleball cancelled for building maintenance</div>	<b>4</b> <div>Aerobics 10:30am \$2</div>	<b>5</b> <div>Nordic Walking 9:15am</div> <div>Chair aerobics 10am \$2</div> <div>Info Centre 10am-2pm</div>	<b>6</b> <div>Aerobics 1:30pm \$2</div>
<b>9</b> <div>Chair aerobics 10am \$2</div>	<b>10</b> <div>Info Centre 10am-2pm</div> <div>Drop-in Social 10am-noon Pickleball, 1-3pm \$2</div>	<b>11</b> <div>Aerobics 10:30am \$2</div>	<b>12</b> <div>Nordic Walking 9:15am</div> <div>Chair aerobics 10am \$2</div> <div>Info Centre 10am-2pm</div> <div>Grocery Program Sobeys *PRR</div>	<b>13</b> <div>Aerobics 1:30pm \$2</div>
<b>16</b> <div>Chair aerobics 10am \$2</div>	<b>17</b> <div>Info Centre 10am-2pm</div>	<b>18</b> <div>Aerobics 10:30am \$2</div>	<b>19</b> <div>Nordic Walking 9:15am</div> <div>Chair aerobics 10am \$2</div> <div>Info Centre 10am-2pm</div> <div>Monthly Members' Meeting 1:30-4pm</div>	<b>20</b> <div>Aerobics 1:30pm \$2</div>
<b>23</b> <div>Chair aerobics 10am \$2</div>	<b>24</b> <div>Info Centre 10am-2pm</div>	<b>25</b> <div>Aerobics 10:30am \$2</div>	<b>26</b> <div>Nordic Walking 9:15am</div> <div>Chair aerobics 10am \$2</div> <div>Info Centre 10am-2pm</div> <div>Grocery Program Superstore &amp; Social *PRR</div>	<b>27</b> <div>Aerobics 1:30pm \$2</div>
<b>30</b> <div>Chair aerobics 10am \$2</div>	<p><b>Monthly Meeting:</b> Monthly Members' Meeting, St. Margaret's Bay Legion #116, 11169 Peggy's Cove Road, Seabright – meeting check-in 1:30; meeting 2-4pm</p> <p><b>Info Centre:</b> Seniors Information Centre, located inside the SMB Community Enterprise Centre, 5229 St. Margaret's Bay Road, Unit 1, Upper Tantallon</p> <p><b>Fitness</b> (chair aerobics, aerobics): Melissa Connick School of Dance, 5181 St. Margaret's Bay Road, Unit 101, Upper Tantallon</p> <p><b>Drop-in Program:</b> Black Point &amp; Area Community Centre, 8579 St. Margaret's Bay Road, Black Point</p> <p><b>Nordic Walking:</b> Meet at the SMB Community Enterprise Centre, 5229 St. Margaret's Bay Road, Unit 1, Upper Tantallon</p> <p><i>*PRR: Pre-registration required</i></p>			