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Bay Expo delivers fun, crowds, funds

Bay Expo '15 lived up to its promise to offer something for everyone. Whether you wanted to try tai chi or learn about Bay Rides, save on home-heating or savour a tasty treat, there was something for all ages.

To brighten up a damp day there was live music, face painting, and a chance to win a door prize or bid for one of the many great items in the silent auction.

This was the second Bay Expo organized by the Seniors Association. The number of visitors was up on last year's inaugural event, and increased revenue means a
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Face-painting was a popular attraction at Bay Expo '15. More pictures on page 2



Housing workshop a success

More than 70 people from St. Margaret's Bay, the South Shore and metro Halifax took part in the Sustainable Housing workshop hosted by the Seniors Association and Transition Bay. Over half the attendees have volunteered their expertise to make the goal of sustainable, affordable housing a reality for St. Margaret's Bay.

Our picture shows a group discussing plans to create affordable housing for today that will still be viable and attractive to young and old alike 20 years into the future.

You can listen to or download the workshop presentations at www.bayseniors.ca/ahw2015pres.html
For inquiries and suggestions please visit www.bayseniors.ca/ahw2015.html

[Click here](#) for more pictures.



The Seniors Association of St. Margaret's Bay is a not-for-profit registered society whose purpose is to provide housing and accommodation options and assistance for seniors, to represent interests of seniors in the greater St. Margaret's Bay area, and to share in development of wellness living for seniors in the area.

FUTURE EVENTS

Monthly meetings are open to anyone, and they are free.

Thursday, June 18 - pot luck Jamaican Beach Party. 1 pm Shining Waters Marina.

Let your hair down at a Pot Luck Luncheon with a Jamaican theme. Bring your favourite dishes or, if you feel adventurous, we have Jamaican recipes you could try. Ask about Jamaican recipes at social@bayseniors.ca or call 902-826-1964.

There'll be a prize for the best/brightest Caribbean attire. By the way, you don't have to bring food. There'll be plenty to go around.

Please note the 1 p.m. start.

There are no seniors meetings in July and August. Next meeting: 3rd Thursday in September.

Treasure Chest pays off in more than just cash

In just one year the [Bay Treasure Chest](#) has raised significant funds for community projects. But an even bigger impact has been in fostering cooperation in the development of community initiatives. The [ONE SMB](#) New Economy workshop; [Bay Rides](#) initiative; a [Sustainable Housing](#) workshop; and Bay Youth groups working with this Association are just a few examples.

Info Centre summer hours

In July and August the [Information Centre](#) office beside the Pharmasave at 5181 St. Margaret's Bay Road will be open Tuesday and Thursday mornings from 10 a.m. to Noon. Inquiries to 902-820-3334 and emails to InformationCentre@bayseniors.ca will be answered.



Bay Expo '15 offers something for all

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boost for the association's fundraising activities.

Scotiabank's sponsorship was a great help. A big thank-you to Stephanie Hart, of the bank's Tantallon branch, and her staff.

This year's event was held at the Giant Steps children's complex. Throughout the event the rooms were buzzing with visitors checking out displays by local community and commercial groups.

The event was organized by a team that included Doug Poulton, Rowena Morrison, Melan Sapp, Carol Goddard, Bill MacDonald, Adrienne Duperly and Carol Evans.

Our pictures give a taste of the exhibitors, volunteers and visitors who made this event a great success.

See you at Bay Expo '16.

[We've posted a Bay Expo photo gallery on our website.](#)



For more information about any of the topics in this newsletter, visit our website www.bayseniors.ca or contact the Seniors Information Centre: email info@bayseniors.ca telephone 902-820-3334. The centre is next to the Pharmasave, at the Crossroads, Upper Tantallon. It's open 10 - 2 on Tuesdays and Thursdays.