



Seniors Information Center - Provider Information Sheet

Provider Name:

**Breathe Yoga & Aromatherapy
Studio**

Address:

5209 St. Margaret\\\'s Bay Rd. Suite 205 at the Crossroads

City/Town:

Upper Tantallon

Province:

NS

Bus. Phone:

902-820-9642

Phone 2:

Contact Name:

Fran Dunn

Postal Code:

B3Z 1E3

Fax:

Email:

**tantallon@breathingspaceyogas
tudio.ca**

Website:

[www.breathingspaceyogastudio.
ca/tantallon-yoga-studio-
tantallon-nova-scotia](http://www.breathingspaceyogastudio.ca/tantallon-yoga-studio-tantallon-nova-scotia)

Description of Services:

We offer welcoming and accessible classes in yoga, Pilates, Body Rolling, Nia and essential oil services. Take time to Breathe it all today!

Provider's Remarks:

We offer a 10% discount to seniors, students of any age and military. With over 7 years in the Bay and more than 20 classes per week, we will help you to be peaceful, inspired, energized, and balanced. Return to your true self and discover our yoga community.

Optional Information:

Insured: **No**

Licensed: **No**

Bonded: **No**

BBB: **No**

Srs. Discount: **Yes**

Free Estimate: **No**

Home Based: **No**

Local: **No**

Knowledge Based: **No**

Disclaimer: The above information was submitted by the service provider or generally available to the public. Their services are not endorsed or recommended by Seniors Association of St. Margaret's Bay over other providers.

Please contact the service provider to verify information, check references, etc.