



Seniors Information Center - Provider Information Sheet

Provider Name:

Chebucto Community Health Team

Contact Name:

Address:

NS

City/Town:

SMB Area

Bus. Phone:

902-460-4560 (option 2)

Email:

cht@nshealth.ca

Province:

NS

Phone 2:

Postal Code:

Fax:

Website:

www.communityhealthteams.ca

Description of Services:

The Chebucto Community Health Team (CHT), Nova Scotia Health Authority offers free wellness programs and services in your community at different times and locations. CHT offers free wellness navigation to help you prioritize health goals and connect to the resources that you need. CHT works closely together with community organizations towards building a stronger and healthier community.

Provider's Remarks:

The Chebucto CHT office is opened 8:30 a.m. to 4:30 p.m. You can phone to register for a program or book an appointment to see a wellness navigator at the Bay Seniors Information Centre or at another local community location. Our Wellness Programs focus on the areas of Nutrition & Weight Management, Physical Activity, and Emotional Wellness. You can also register for programs online.

Optional Information:

Insured: **No**

Licensed: **No**

Bonded: **No**

BBB: **No**

Srs. Discount: **No**

Free Estimate: **No**

Home Based: **No**

Local: **No**

Knowledge Based: **No**

Disclaimer: The above information was submitted by the service provider or generally available to the public. Their services are not endorsed or recommended by Seniors Association of St. Margaret's Bay over other providers.

Please contact the service provider to verify information, check references, etc.