

## Seniors Information Center - Provider Information Sheet

Provider Name: Contact Name: That Vegan Teacher Education Meghan Sheehy

and Consulting Services

Address:

Online or In Your Home

City/Town: Province: Postal Code:

Saint Margarets Bay Area Nova Scotia B3N 2M8
Bus. Phone: Phone 2: Fax:

902-824-1195

Email: Website:

sheehy.meghan@gmail.com <a href="www.thatveganteacher.ca">www.thatveganteacher.ca</a>

Description of Services:

I am a teacher offering in home or online plant based cooking workshops. Learn how to shop for and prepare delicious plant based foods according to your tastes, budget and health/wellness goals. Additionally offering educational workshops and speaking opportunities on plant based cooking, vegan living, animal welfare or the health and environmental benefits associated with plant based food.

Provider's Remarks:

I love helping people learn how to incorporate more plant based foods into their diet in an easy, healthy and cost effective way.

Optional Information:

Insured: No Licensed: Yes Bonded: No

BBB: No Srs. Discount: Yes Free Estimate: Yes
Home Based: Yes Local: Yes Knowledge Based: Yes

Disclaimer: The above information was submitted by the service provider or generally available to the public. Their services are not endorsed or recommended by Seniors Association of St. Margaret's Bay over other providers.

Please contact the service provider to verify information, check references, etc.