

Seniors Information Center - Provider Information Sheet

Provider Name: Contact Name:

Traditional Acupuncture &

Zero Balancing

Address:

5288 St. Margarets Bay Road

City/Town: Province: Postal Code:

Head of St. Margarets Bay
Bus. Phone: Phone 2: Fax:

902-826-1332

Email: Website:

lcorello@hotmail.com beingwellacupuncture.com

Description of Services:

Zero Balancing is a powerful body-mind therapy that uses skilled touch to address the relationship between energy and structures of the body. Following a protocol that typically lasts 30 to 45 minutes, the practitioner uses finger pressure and gentle traction on areas of tension in the bones, joints and soft tissue to create fulcrums, or points of balance, around which the body can relax and reorganize. Zero Balancing focuses primarily on key joints of our skeleton that conduct and balance forces of gravity, posture and movement. By addressing the deepest and densest tissues of the body along with soft tissue and energy fields, Zero Balancing helps to clear blocks in the body's energy flow, amplify vitality and contribute to better postural alignment. A Zero Balancing session leaves you with a wonderful feeling of inner harmony and organization.

Provider's Remarks:

<u>Optional Information:</u>

Insured: No Licensed: No Bonded: No

BBB: No Srs. Discount: No Free Estimate: No Home Based: Yes Local: No Knowledge Based: No

Disclaimer: The above information was submitted by the service provider or generally available to the public. Their services are not endorsed or recommended by Seniors Association of St. Margaret's Bay over other providers.

Please contact the service provider to verify information, check references, etc.