



Seniors Information Center - Provider Information Sheet

Provider Name:
Shamrock Fitness

Address:
Upper Tantallon

City/Town:
Upper Tantallon

Bus. Phone:
902-471-2309

Email:
shamrock.fitness@hotmail.com

Contact Name:
Christine Somerville

Postal Code:

Fax:

Website:

Description of Services:

Personal Training, Pilates, and Rehabilitation Exercise

Provider's Remarks:

St Luke's Church, and In Home

Optional Information:

Insured: **No**

BBB: **No**

Home Based: **No**

Licensed: **No**

Srs. Discount: **No**

Local: **No**

Bonded: **No**

Free Estimate: **No**

Knowledge Based: **No**

Disclaimer: The above information was submitted by the service provider or generally available to the public. Their services are not endorsed or recommended by Seniors Association of St. Margaret's Bay over other providers.

Please contact the service provider to verify information, check references, etc.