



Seniors Information Center - Provider Information Sheet

Provider Name:

Venessa Downing Placenta

Encapsulation

Address:

5396 St. Margarets Bay Rd, Halifax NS

City/Town:

Tantallon

Bus. Phone:

902-483-2559

Email:

venessacavicchi@gmail.com

Contact Name:

Venessa

Postal Code:

B3Z 2J1

Fax:

Website:

Description of Services:

Dear Mom & Family, First off, I'd like to say thank you for considering & potentially hiring me to provide you with our services, it is an honor to be a part of families' lives at such a special time! Now, here's everything you need to know: The Logistics Unless otherwise specified, the service is \$250. Birth Happens clients receive 10% off the service. We require a non-refundable deposit of \$50 that can be sent by email money transfer to venessacavicchi@gmail.com, password 'placenta' I ask to have the deposit 2 weeks before your estimated due date if possible. Remainder of payment is due upon delivery of your pills. This can be cash, cheque or email money transfer. The remainder, unless otherwise specified is \$200 and includes: • Prompt pick-up of your placenta • Encapsulation of your placenta • A dehydrated keepsake of the umbilical cord • A print of your placenta on paper • Emailed pictures of your placenta if requested • Delivery of your pills Who to tell & when: If labour begins on its own, please give us a call or text when you are either admitted to hospital or settling in for birth at home, please also ensure that we respond (within a few hours). If we do not confirm receiving a message, please call and leave a voice mail. Remember, we are always on call so it's possible we are at another birth so if you don't hear right away (which is highly unlikely, you will soon! Just keep that placenta on ice!). We will do our very best to respond asap, and are mindful of your estimated delivery dates. In the unlikely event that Venessa is unable to encapsulate right away, (away for a few days or something unforeseen happens) we will give you the option to freeze your placenta for an extra day or two with an estimated process time, or can refer you to another specialist. I ask for a heads up because I strive to pickup, process and return your pills quickly because we know that the early days postpartum can be the most challenging. If a heads up call is not possible for whatever reason, you forget to call or because of an emergency etc, that's ok. Let me know after delivery if necessary, just remember to place placenta in refrigerator or cooler with ice right after delivery and know we may not be as speedy with pick-up. We recommend you bring a small cooler/insulated lunchbag to use in the event that we cannot make it to the hospital right after delivery. In this case, your placenta is safe with you on ice for the time being. If delivering your baby at the hospital, please let your nurses know that you will be having your placenta encapsulated... They'll know what to do. In hospital terms they will 'bag and tag' it for you after your care team inspects it. What happens to your placenta? Kelly or Venessa will come to the IWK to pick up your placenta, this may mean we pop into your delivery room or the nurses may have it in a fridge waiting for us outside. So, we may see you or we may not. If we don't we will let you know when we've picked it up. *We ask that you email a written consent to us stating you consent to have Venessa Downing pick up your placenta from (wherever you intend to deliver) in order to process. This email is not necessary from the hospital's end, it is something we require. Your placenta is then transported to my home where she will carefully process it for you using Raw Preparation Method. Traditional Chinese Medicine method is available if requested. Research the difference if you're interested in making a more informed decision. *TCM: cleaning,

steaming, dehydrating, grinding and encapsulating. *Raw Preparation Method: cleaning, dehydrating, grinding and encapsulating. Both processes take approximately 24 hours. As soon as your placenta pills are ready, I will deliver them to you or meet one of your support people somewhere convenient. This is some important information about your placenta: The most common dosage is up to 2 capsules, 3 times a day for the first 2 weeks. After 2 weeks women often start to decrease the dosage down to 1 or 2 pills a day as needed. If you have a fever or illness (flu, cold etc.) discontinue use until you feel better as your placenta works to generate heat in your body. Some people find the pills smell strong; if that's you, store them in the freezer, but make sure they do not absorbed any moisture. You can store your pills at room temperature; the best method is in a cool, dry & dark place (cupboards are great). They will last years, decades even if kept in the freezer. Some women save some for transitioning through menopause or times of illness... others make a tincture! (you can Google that). It's important to know: Like us all, placenta size varies a great deal, some women will receive 75 capsules and others 175 or more, so administer accordingly. For example: if you don't have a lot, maybe ration them out a little more, if you have tons stick some in the freezer right away for later on down the road. Please connect with us with any questions or feedback venessacavicchi@gmail.com or 902-483-2559 Warmly, Venessa It's really important to know: Birth Happens does not replace the care of a medical doctor or pharmacist, nor do your placenta pills. By taking these capsules that we have carefully prepared for you, you are doing so knowing that we are not doctors. Birth Happens is not responsible for any results of you taking these, even the great ones.

Provider's Remarks:

Optional Information:

Insured: No	Licensed: Yes	Bonded: No
BBB: No	Srs. Discount: No	Free Estimate: No
Home Based: Yes	Local: Yes	Knowledge Based: No

Disclaimer: The above information was submitted by the service provider or generally available to the public. Their services are not endorsed or recommended by Seniors Association of St. Margaret's Bay over other providers.

Please contact the service provider to verify information, check references, etc.