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Bay Expo offers something for everyone

Hands up if you want a fun day out with something for all the family.

Bay Expo '15 features entertainment, arts and crafts, and displays by Bay area organizations. You'll also get a chance to go home with something from the silent auction.

Bay Expo '15 is a joint venture by the Seniors Association and Scotiabank. It takes place on Saturday May 23rd between 11 am and 3 pm at the Giant Steps Children's Centre, 15 French Village Road, Upper Tantallon.

We're still accepting donations for the silent auction. Call 902-826-1964 or 902-858-2210.

And there's still time to talk to us about promoting your service. Contact Carol Evans at caeans@bellaliant.net, 902-826-7388.



Your chance to help find sustainable housing solutions for the Bay area

Anyone who wants to play a part in shaping the future of St Margaret's Bay is invited to a [workshop](#) exploring new models for community housing.

Many people, including seniors living on modest or fixed incomes, cannot find affordable accommodation.

To address the need for accessible and affordable housing, Transition Bay and the Seniors Association of St. Margaret's Bay are jointly sponsoring a community workshop to explore ways of encouraging the

development of economical and sustainable housing.

The workshop takes place between 8.30 am and 3.30 pm on Saturday May 16th at [St Luke's](#) United Church, 5374 St Margaret's Bay Road.

This workshop is free - but you must register in advance.

To register for this event, contact: housing@bayseniors.ca or call 902-820-3334 (leave a message). For more information please visit www.bayseniors.ca/housing , or www.transitionbay.ca/events

The Seniors Association of St. Margaret's Bay is a not-for-profit registered society whose purpose is to provide housing and accommodation options and assistance for seniors, to represent interests of seniors in the greater St. Margaret's Bay area, and to share in development of wellness living for seniors in the area.

FUTURE EVENTS

Monthly meetings are open to anyone, and they are free. Meet old friends. Make new friends. Support a vibrant community.

Thursday, May 21 - 2:00 pm

Sable Island by Zoe Lucas at Shining Waters Marina.

Zoe has been working on Sable Island for over 40 years. Her projects have included research on the Sable Island horses, beach surveys for oiled seabirds and stranded cetaceans, and biodiversity studies.

She spends six to eight months per year on Sable Island, returning to the mainland for meetings, work with project collaborators, and to give presentations for public interest groups.

Saturday, May 23 - 11am to 3pm second annual **Bay Expo '15** at the Giant Steps Children's Centre 15 French Village Road, Upper Tantallon. Displays, entertainment, arts and crafts, a silent auction and fun for all ages.

Thursday, June 18 - pot luck Jamaican Beach Party. Watch for details next month.

Bay area gets bulletin board

Connecting Communities (www.CC-Net.org), home of the online Community Calendar, is pleased to announce a new feature – a Community Bulletin Board.

CC-Net is growing quickly and currently has 27 non-profit Bay area organizations as members. Members have already posted over 500 events on the Community Calendar for 2015, and will be using the new Community Bulletin Board to post items of interest to everyone in the Bay area.



Longing for summer?

Are you tired of winter white? After the long, hard winter we thought you might appreciate a taste of summer colour. This gorgeous stargazer lily is one of the images from our home-produced greetings cards. The pictures have all been taken by Bay residents. If you want to know more about the cards, contact info@bayseniors.ca

Time to renew membership

Our membership drive is well under way. More than 50 of our 185 registered members have already renewed for 2015. Renewals and new memberships (\$10.00 single/\$18.00 couple) are processed Tuesdays and Thursdays at the Information Centre between 10am and 2pm, or at our monthly meetings.

To check your membership status call 902-823-1144 or [email](mailto:info@bayseniors.ca) us.

Seniors Association officers for 2015

The Seniors Association directors and officers for 2015:

President: Doug Poulton
Vice President: René Lavoie
Secretary: Carol Evans
Treasurer: Melan Sapp
Director: Rowena Morrison
Director: John McKee
Director: Becky Weickert

You ask the question: we'll find the answer

Need advice about applying for a rebate? Puzzled about a pension issue? Looking for a plumber or a podiatrist? Our team of volunteers at the [Information Centre](#) can help.

The Centre has information about Old Age Security, Canada Pension, NS Pharmacare, Heating and Property Tax rebates, and Guaranteed Income Supplement programs.

Over the past five years we've gained experience assisting seniors to stay in their own home by answering questions about home repair, homeware, housekeeping, and finding connections within the community.

An important resource is our [Local Services Directory](#) at www.bayseniors.ca/localservices.html. Volunteers at the Centre continuously add new listings. The Tantallon Library is a frequent user of the Local Service Directory.

Whatever your question, we'd love to help you find the answer. All inquiries are treated in strict confidence.

Often visitors who drop by and ask us about the [Seniors Association](#) and what we do in the community will come out to a future meeting. Some become volunteers.

The Seniors Information Centre is located inside The Doctors' Office beside the Tantallon Pharmasave.

Drop in and see us any Tuesday or Thursday from 10am to 2 pm. Or you can call us at 902-820-3334.

For more information about any of the topics in this newsletter, visit our website www.bayseniors.ca or contact the Seniors Information Centre: email info@bayseniors.ca telephone 902-820-3334. The centre is next to the Pharmasave, at the Crossroads, Upper Tantallon. It's open 10 - 2 on Tuesdays and Thursdays.